A Strategic Spiritual Formation Study Based on the Book of Malachi

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Abstract
A review of current literature on spiritual disciplines demonstrates the need for a pastor to successfully implement an exegetical preaching methodology toward spiritual formation. The goal of this project is to answer: “What impact would a strategic spiritual formation study based upon the Book of Malachi implemented by a pastor have on a local church that is below 200 in attendance?” Incorporating the results of surveys sent to pastors within The Southern Baptist Conservatives of Virginia having below 200 in attendance, this project will review theological, historical, and exegetical, perspectives and principles for a biblical methodology for spiritual formation.