It's a truism that we learn best when we get information from several senses," concludes a favorable review in the respected Journal of the National Cancer Institute of an interactive CD-ROM entitled "Be a Survivor: Your Interactive Guide to Breast Cancer Treatment."
Although the review referred only to the CD-ROM, the truism is further reinforced by the availability of "Be a Survivor" material in two other patient-friendly formats—a 170-page fact-packed book and a 30-minute video. While the book is designed to be a breast cancer patient’s constant companion, the video may be shown in a doctor’s office or a hospital waiting area. Learn when you can call yourself a breast cancer survivor and when you calculate your cancer anniversary (or cancerversary). Doctor Discussion Guides. Hemoglobin A1c Test Analyzer. Lipid Test Analyzer. You’ve likely heard many people talk about being a breast cancer survivor. If you have been diagnosed with breast cancer, you are already a survivor. According to the National Cancer Institute, a person is considered a survivor on the day that they are diagnosed and throughout the rest of their life. Some survivors and oncologists define the answer a little differently, breaking people down into survival categories such as acute, chronic, long-term, and cured.